

# VAN LINT STUDENT SPORTS WEEK

## Tchoukball

**Team size:** 5 + 2 reserve players

**Duration of a game:** 10 min (2 min in between matches)

### Rules

Some short rules of tchoukball during the Van Lint Student Sports Week are listed below. If there are any uncertainties, the referee is always right. A team loses the match automatically if they are not present at the starting time of the match.

- Tchoukball is played on a basketball field. The game is 10 minutes
- A team scored a point if a ball has hit the tchouck and this ball is caught outside the tchouck area by one of the players of his/her own team or by the player him/herself.
- If a team has scored a point, the game continues immediately. However, the teams have to score the next point at the other side of the field.
- Further, the rules of handball are applied:
  - The area between the 3-points-line and the free throw-line is the forbidden area for both teams. However, landing in this area after throwing a ball is allowed.
  - The defending team gets the ball if the ball is in the forbidden area.
  - Walking with the ball is allowed for three steps. If you did not bounce the ball yet, it is allowed to start bouncing the ball and make another three steps after holding the ball again. Hereafter you have to throw the ball.
  - As long as you bounce the ball, you can keep walking.