

Multiball

Team size: 5-10

Duration of a game: 10 minutes

Rules & game explanation

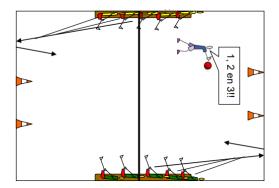
One team is on one side of the hall, seated on a bench. The other team is on the other side of the hall, again seated on a bench.

The sport that will be played is determined by the volunteers, the ball needed for the sport is thrown in the field. The possible sports are:

- 1. soccer
- 2. hockey
- 3. basketball
- 4. handbal

One die will be thrown that decides the amount of people from each team will join. Once the die is thrown the people playing the sport have to run towards the side of the gym once they touch it the game can begin. In the time that the players run to the wall the volunteer throws in the ball.

A game ends when a point is scored, after which the die is thrown again and another ball is thrown in the hall.



For example: The referee throws the die, and it lands on 3. Three people get up from the bench and run to their side. Next the referee throws in the handball, so a game of handball will be played. Once a point has been scored the players return to their bench, and the cycle starts again.

Rules per sport:

Of course the normal rules for each game apply, next the following rules should also be followed:

- 1. soccer: no physical contact
- 2. Hockey: hockey stick not above knees
- 3. Basketball: not hitting the ball outside someone's hands, dribbling is allowed.
- 4. Handbal: not hitting the ball outside someone's hands, dribbling is allowed.

Point system

Every time a goal is scored your team gets a point, after 10 minutes to game ends, and the total points are counted.